



Welcome to Arnewood Divers; Established in 1985, **Arnewood Divers** is a small friendly club based in **Christchurch, Dorset**, that has introduced hundreds of local people of all ages to the fun, splendor and excitement of underwater diving.

As a Club, we are recognised for our thorough but enjoyable training and have an excellent safety record.

We can boast a large number of qualified instructors with many years diving and instructing experience. The average length of time each of our instructors have been bringing on new divers is over nine years, so you can be assured that you will be looked after by a professional team and will be in very capable hands.

Whether you are a complete beginner or you have tried diving on holiday, or you have already qualified with another diving organisation... **Arnewood Divers** has a solution for you.

Arnewood HQ The Headquarters of the Arnewood club is the NELSON in MUDEFORD, CHRISTCHURCH, DORSET. This is where we meet every Tuesday and deal with membership administration, finances, communications and training. The Arnewood Email system handles the distribution of Arnewood information. Within Arnewood club we have a number of Open Water Instructors and one Regional Coach, they provide first line support to the Training Officer and assist in the organisation of courses and events at club level.

If you like what you have read so far and think you might want to join, then please pop down and meet the lads and lasses at the Nelson PH in Mundeford Christchurch on a Tuesday night. We normally 'decompress' in the lounge bar between 21:30 and 23:00! (Summer months; we may be out diving)

If you have dived before, then if you have them, please bring your qualification books with you. We can then agree which grade you should start working towards or be crossed-over to, when the training might start, and answer any questions that you might have.

For more on costs please read on.

If you are about to undertake a 'Try Dive' with us please print off a copy of the Try Dive Declaration form (2-Try Dive Declaration) - fill it in and bring it with you.



Try Dive

£8.00

Minimum age is 12

This is an opportunity to have a go at diving but in the safety of a swimming pool. All Try Dives are completed with an SAA approved instructor. Whilst underwater you will have a go at some common diving skills. This is all done with no obligation to undertake a Scuba course.

SAA Ocean Snorkeller course

£60

Minimum age 8 years

If you are too young to Scuba dive but don't want to miss out on the fun this course is the one for you. There are seven lectures and a theory test before hitting the open water. Good pool techniques are learnt in the safe environment of the pool during the winter months.

This course is most suited to children of fully paid up members of the club.

Lectures = 8 Pool Sessions = 8 hours

SAA ELEMENTRY DIVER course

£250 includes club membership and insurance.

Minimum age is 17

This part of the course covers all your theory training and practical pool skills. During the winter months you will receive ten lessons in the classroom and pool enabling you to understand all the theory and gain hands on experience of diving in a controlled environment. There is some self-study required along side the classroom work, a manual will be provided for this purpose. The instructors are always on hand to answer any questions you may have. In the pool there is constant evaluation of your increased skill levels and you will progress at a pace that is suitable to you. We will not rush or pressure you. At the end of the ten weeks there is a theory examination and once you have passed this there is an open water dive. This will be a shore dive under the instruction of the same Instructor that you have built up trust in during the many pool sessions.

Lectures = 10 Pool Sessions = 10 hours



SAA OPEN WATER DIVER course

£60

Prerequisite: Elementary diver & Fully paid up member of Arnewood Divers

This course takes all the knowledge gained from the elementary diver and uses it in the open water. All dives in the sea are completed at a suitable site and under the instruction of an approved SAA instructor on a 'one to one basics'. At this stage of your diving career you will now feel confident to undertake diving in British waters. This grade requires an additional four qualifying dives and several open water diving skills including some basic lifesaving techniques.

Lectures = 9 Pool Sessions = 9 hours

SAA CLUB DIVER course

£90

Prerequisite: Open Water Diver & Fully paid up member of Arnewood Divers

This course takes you to the point in your diving career, which, you can take your diving experience around the world. You will receive an additional five theory sessions, and a minimum of 5 Pool sessions. You will also be expected to complete some additional self-study. There will be a theory examination at the end of the theory schedule. When in Open Water you will still be receiving one to one instructor training. The Open Water skills include RESCUE DIVER, DIVER FIRST AID, NIGHT diving Skills and WRECK diving skills. This grade is achievable in a minimum of 10 Qualifying dives.

Lectures = 5 Pool Sessions = 5 hours

SAA DIVE LEADER course

£ POA

Prerequisite: Club Diver & Fully paid up member of Arnewood Divers

This course is run only when enough Club Divers are available to progress their diver training (normally every third year). You will receive further theory lessons. You will also be expected to complete some additional self-study. At the end of this theory period you will sit a theory examination. There will be additional practical examination, which will all be under the guidance of a recognised SAA instructor.

The Dive Leader training reinforces the lifesaving element of diver training; lifesaving should now become second nature. Dive Marshalling skills will be part of the Dive Leader training and you will be expected to participate in organising diving trips on the club boat.

You will be signed off as a Dive Leader when you have completed all of these examinations and have logged an additional 15 dives and an additional 5 hours underwater since gaining Club diver



SAA DIVE SUPERVISER course

£POA

Prerequisite: Dive Leader & Fully paid up member of Arnewood Divers

This course is run only when enough Dive Leaders are available to progress their diver training. You will receive further theory lessons. You will also be expected to complete some additional self-study. At the end of this theory period you will sit a theory examination. There will be additional practical examinations, which will all be under the guidance of a recognised SAA instructor.

Under the current SAA guidelines you will be expected to participate in some regional courses to help develop your diving techniques, this will include a rescue dive from depth, (additional cost). As well as rescue skills your planning and preparation skills will be honed and you will be expected to plan large group diving activities. You will be signed off as a Dive Supervisor when you have completed all of these examinations and have logged an additional 25 dives and an additional 10 hours underwater since gaining Dive Leader.

Stand alone Club membership

£112 per year if joining part way through the year the cost would be on a pro-rotata rate.

This would suit/complement the above training programmes. If joining as a fully qualified diver other cost considerations could include:

SAA membership

SAA or other Sub-Aqua manuals

SAA qualification book

SAA decompression tables

The requirement to purchase these additional items would depend on various factors and it would be best to discuss your personal options with a member of the Dive Management Team.

